

DECEMBER 2025

# ARISE & REJOICE

## MAGAZINE<sup>©</sup>

Positive Stories About Positive People<sup>®</sup>

MARSHAWN KNEELAND

*When Fame Fortune  
And Football  
Are Not Enough.*

REST IN PEACE "BABY GIANT."

[www.ariserejoicemedia.com](http://www.ariserejoicemedia.com)

Please see page 4

# 3i

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Since the formation of the company in 2006, 3i has worked to exceed client expectations and transform vision into award-winning projects. 3i offers the broad expertise and financial stability of a mid-size General Contractor and Construction Manager while combining the personalized service and attention of a smaller firm.

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We have clients in many industries. Some select examples include DART; Parkland Hospital & Health Systems; John Peter Smith Hospital; Dallas ISD; Houston ISD; Garland ISD; Fort Worth ISD; DCCCD; TCCCD; UTD; DFW international Airport and many more. Through the organization formed by the owner of 3i, the 3i Team is committed to serving communities throughout the State of Texas... Mike Williams Assist 4 Life Foundation, because a lost kid is a lost opportunity for greatness.

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The mission of our Foundation is to  
**“TIP Opportunity-Gap Scales”**  
by assisting and supporting  
students in Southern  
Sector of Dallas





Taylor and Amy Brooks, left, homeschooled their children. Mrs. Brooks now tutors other students.

## We Invite You to Visit These Features:

- ▼  
▼  
▼  
Dallas Cowboys football player Marshawn Kneeland brought great joy and purpose to his family members, his teammates, his coaches and his fans.

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- It is extremely important that seniors apply properly for Social Security benefits.

-Please see page 8

- He is one of the world's most accomplished youth orchestra conductors.

-Please see page 12

- Helping students prepare for exams and their futures is her specialty.

-Please see page 13

## Immigration is Important!

It is in the best interests of the United States that immigrants choose it as a place to live, work and raise families.

With an aging population and a shrinking birth rate it would be nearly impossible for this country to maintain its quality of life without those who come here from foreign shores.



The evidence that immigration is beneficial is overwhelming. In 2024, the foreign-born employed were twenty percent of the civilian workforce in the United States.

Without the tax dollars that immigrants pay it would be difficult for the American government to make Social Security payments or fund Medicare.

Nearly fifty percent of the Fortune 500 companies were founded by immigrants to the United States. Among those companies are economic giants such as Google and Tesla. |AR

# WHEN FAME FORTUNE AND FOOTBALL ARE NOT ENOUGH

**M**ore than 90,000 football fans jubilantly cheered on a warm November night when the late Dallas Cowboys player, Marshawn Kneeland, scored a touchdown during a game played in Arlington, Texas.

**S**adly, there was no one with the new hero only two nights later when the twenty-four-year-old's life came to an abrupt end in a barren, desolate place only an hour from the site of his greatest achievement as a professional athlete.

**H**is passing brought insurmountable pain and remorse to those who coached him, played with him and cheered him.

**N**one will ever know Marshawn's final thoughts. Perhaps, they were of his beloved mother, Wendy, who died unexpectedly in February of 2024.

**"H**is anchor," as Marshawn often referred to the lady who brought him into the world, nurtured and guided him as an outstanding high school and college student-athlete in Michigan where he was born and educated.



Marshawn's mother, Wendy, right, adored her son and urged him to pursue excellence in life and in sports.



He was extremely well-liked by those who knew him, played with him and coached him. The Dallas Cowboys have pledged to financially support Marshawn Kneeland's family for the remainder of their lives.

**W**ith every step he took, Marshawn was not without an urn containing his mother's ashes attached to a chain that he wore around his neck.

**A**nd while his life was brief, his impact was immense and sustaining. "He was kind, determined, humble and full of love" family members wrote in a statement. "His light shined brightly in every life he touched," they added.

**A**nd now with the end of his life, Marshawn has found the peace, beyond his personal pain and football, that he searched for.

**H**e has returned to his loving mother's side. The gentle "Baby Giant" has scored his final touchdown! |AR



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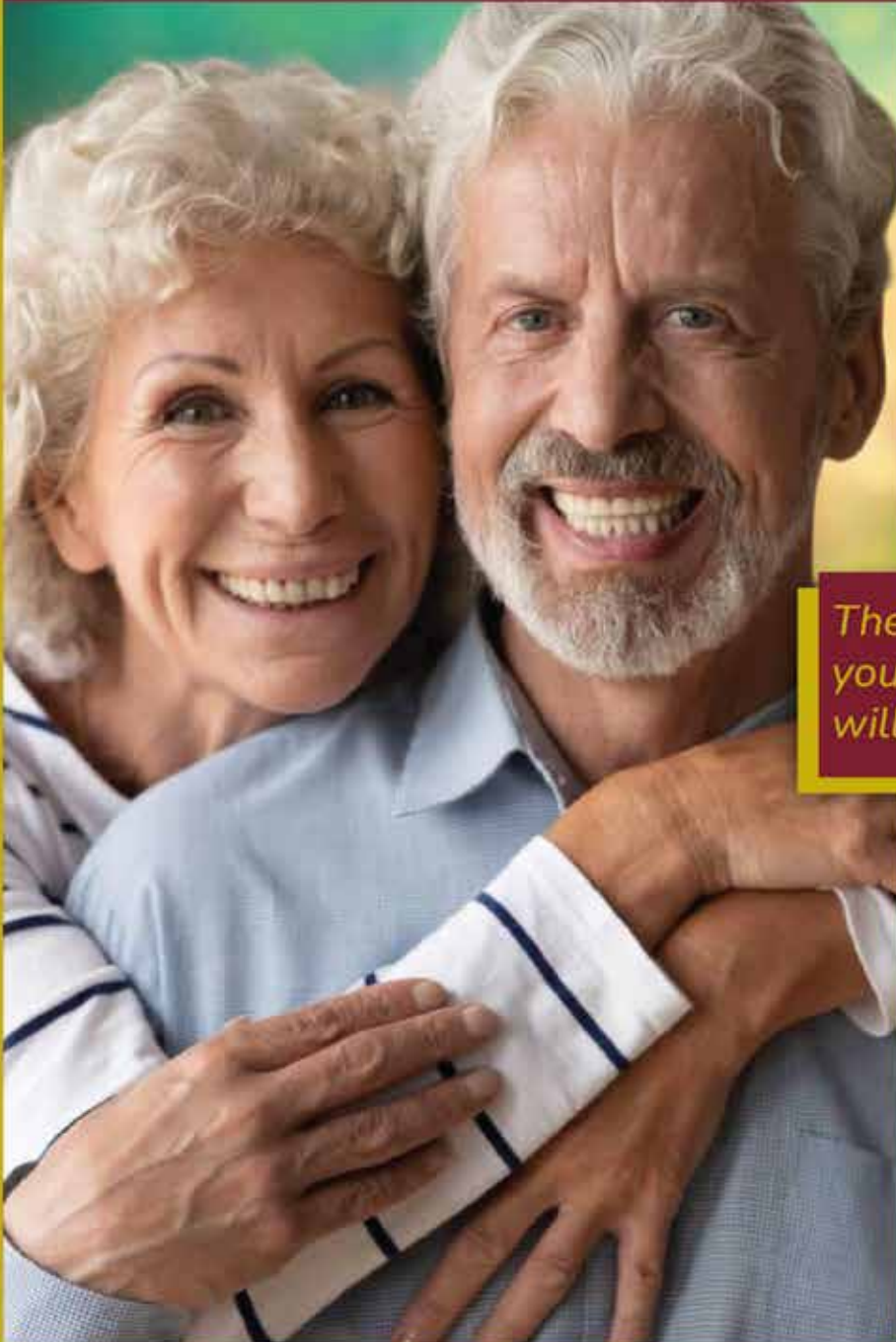
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# WHEN TO FILE FOR SOCIAL Security



**W**hen a person reaches the age of sixty-two, they are eligible to start receiving monthly Social Security payments. While receiving benefits at that age can be attractive, you should be aware that the amount of money received from the government will be higher each year that you wait. If you can afford it, do not request the monthly benefits until you reach the age of seventy. Social Security is a lifetime monthly payment program started during the administration of President Franklin D. Roosevelt.

**I**t is designed to give Americans a financial cushion once they are no longer a part of the workforce. Less than ten percent of the country's eligible population waits until they reach seventy to claim their benefits.

*The longer you delay receiving your benefits, the more you will receive each month!*

**I**f you are the spouse of a deceased person who was receiving Social Security payments, you should notify the Social Security Administration. In some cases, you will be eligible to receive a portion of the deceased person's benefits.

**If you have questions about benefits you can reach the Social Security Administration at 1 800 772 1213. Their site address is [www.ssa.gov](http://www.ssa.gov). |AR**



# Teach children to wash dishes



**T**eaching your children to wash dishes will instill in them a sense of responsibility.

**I**t will help them understand the importance of cleanliness and take them away from their phones and video games.

**C**hildren who wash dishes are more likely to be open-minded about other chores around the house such as keeping their rooms neat and cleaning their play areas.

**I**n today's society it is very important that children are taught that they have duties in their families.

**I**f you like, you can join them after they wash the dishes either by drying them or putting dishes away.

**W**ashing dishes will show children how important they are in a family. It is a practice that more parents should adopt! |AR



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**A**rise & Rejoice is a publication that reflects the goodness and grace that abounds within all people. It seeks to bring all of us closer together, promoting understanding and reconciliation.

Arise & Rejoice believes in the development of a community of "we" where no one is seen as "the other" and where all people are acknowledged and respected!

**YELLOW PEOPLE!**  
**RED PEOPLE!**  
**BLACK PEOPLE!**  
**WHITE PEOPLE!**  
**BROWN PEOPLE!**  
**BLUE PEOPLE!**  
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**OLD PEOPLE!**  
**YOUNG PEOPLE!**

**Need Each Other! ©**



## MORE THAN A SPORTS HERO ©



# He Is The Heart of The **Dallas stars!**



**W**hen the captain of the Dallas Stars hockey team, Jamie Benn, is about to score a goal it is difficult for fans to control themselves.

**T**he sixteen-year veteran is one of the most popular athletes in North Texas. He has captained the team for more a decade.

**A**s a member of the Canadian national hockey team, Benn won a gold medal in hockey at the 2014 Winter Olympic Games. During the 2014-2015 hockey season he scored more goals than any other professional player.

**O**nly the second player on the Dallas Stars to score 1,000 goals in his career, Benn took the Stars to the Stanley Cup Finals in 2020. He is respected inside and out of the hockey rink. |AR



# Promises To Keep®

## An Immigrant's Story

### ● MEET ROBERTO ZAMBRANO



Mr. Zambrano, right, is developing young musicians for orchestras throughout the world.

**N**ot unlike legions of people who left their places of birth to come to the United States for better lives, Roberto Zambrano has contributed significantly to his adopted home.

**A**s the Artistic Director of the Young Musicians Program for the Dallas Symphony Orchestra, Mr. Zambrano, a highly-applauded conductor and music Instructor from Venezuela, has developed and shaped the talents of a plethora of young people in North Texas.

**F**or more than two decades Mr. Zambrano, prior to coming to the United States, played a pivotal role in the development of some of the finest young musicians in Central and South America. He received his B.A degree in the Czech Republic and has founded youth orchestras in Venezuela, Brazil, Argentina and the Dominican Republic.



Mr. Zambrano is recognized globally for his conducting and educational acumen.

**“**I am fully committed to the young musicians of North Texas,” said Mr. Zambrano. “They work extremely hard to make their parents, their instructors and their community very proud of their achievements as musicians and human beings,” he said.**|AR**



# IN PURSUIT OF EXCELLENCE!

**E**xcellence in education is at the heart of the tutoring company that Mrs. Amy Brooks and her associates operate in North Texas.

**M**rs. Brooks has an extensive background in corporate IT consulting and training. A former public and private school educator, she has thirty years of experience in education.

**“**I love working with young children more each year,” said Mrs. Brooks, a native of Fort Worth, Texas who earned a degree from Baylor University where she studied political science and Spanish.

**“**It brings me great joy to help a student excel in their current coursework or on the SAT,” said Mrs. Brooks, who married her college sweetheart, Taylor Brooks. The Brooks have been married for thirty-one years.

**“**Tutoring has allowed me to cheer on many students to reach their goals for the future,” she said. “Our tutoring team is committed to partnering with students and their families as we work toward academic success in any educational setting,” she added.



Mrs. Brooks, first row, right, homeschooled her own children, and is committed to seeing other students achieve high standards.



Academic success for each of her students is the most important outcome for Mrs. Brooks.

**H**er firm provides K-12 academic tutoring, planning and consulting for students in all educational environments, said Mrs. Brooks who is a member of the National Test Prep Association.

**W**e also provide PSAT/SAT/ACT and test prep-coaching to K-12 students from every educational environment, she added. |AR

# Shared American Experience



## Visit The White House



For more than 200 years The White House, located at 1600 Pennsylvania Avenue NW in Washington DC, has been the home of the president

of the United States. It is a magnificent building which includes the office where the president works and a residence where the president and his or her family resides.

Construction on the White House began in 1792 and concluded eight years later. President Thomas Jefferson moved into the White House

one year after it was completed in 1800.

Visitors can tour the White House if they make reservations. If you are traveling to the nation's capital and want to visit the presidential home call the visitor's office at the White House. The phone number in the visitor's office is 202-456-2121. | AR



# CONSIDER YOUR BRAIN

**H**ealth professionals want you to watch your weight for a number of reasons.

**H**ere is something most people give little thought to. According to a 2020 health study researchers found that excess weight led to a decrease in blood flow in the brain.



**R**esearchers at the University of Pittsburg and UCLA found that overweight people had less brain volume than people of normal weight.



**Y**ou can help protect your brain by controlling your weight. Diets that include fruits, vegetables and good fats will help keep your brain wealthy, health researchers said. |AR



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Work With Honor, And Walked  
With Joy To Her Home!*

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