

JUNE/ JULY 2026

ARISE & REJOICE

Positive Stories About Positive People.®

MAGAZINE.®



YES SHE CAN!

Ms. Dolores Huerta
co-founder
United Farm Workers

She Changed A Nation!

— Please see page 4



3i
Integrity
Innovation
Information

Since the formation of the company in 2006, 3 I has worked to exceed client expectations and transform vision into award-winning projects. 3 I offers the broad expertise and financial stability of a mid-size General Contractor and Construction Manager while combining the personalized service and attention of a smaller firm.

The structure of our company is designed to help us communicate closely with our clients at every project phase, and enables us to act rapidly and decisively when needed. We provide the following to a wide range of industries: Design/Build; Preconstruction; Tenant Finish Out; Civil; Construction Management; Job Order Contracting Services; and Program Management Services.

We have clients in many industries. Some select examples include DART; Parkland Hospital & Health Systems; John Peter Smith Hospital; Dallas ISD; Houston ISD; Garland ISD; Fort Worth ISD; DCCCD; TCCCD; UTD; DFW international Airport and many more. Through the organization formed by the owner of 31, the 31 Team is committed to serving communities throughout the State of Texas... Mike Williams Assist 4 Life Foundation, because a lost kid is a lost opportunity for greatness.

214.231.0675
www.3icm.com



Building a Better Future for Communities Today

T

TRANSFORMING
Lives of the deserving

Join our
community to
see how you can
impact our future leaders
www.Assist4Life.org

I

INSPIRING
A New Generation
of Leaders

P

PROVIDING
Options and Opportunities

The mission of our Foundation is to
“TIP Opportunity-Gap Scales”
by assisting and supporting
students in Southern
Sector of Dallas

Champions of Humanity



Please see page 5

We Invite You To Read These Features

She devoted her life to creating livable working conditions for migrants.

Please see page 4

Giving love and hope to children in Haiti.

Please see page 6

A healer of nations who sought a peaceful world.

Please see page 8

They walked from Texas to Washington inspiring people each mile along the way.

Please see page 9

Met the CEO who helped to bring the World Cup to North Texas.

Please see page 11

Diversity Matters!



The necessity for diversity in a civil society is not unlike its very existence in nature, the foundation of life on earth that benefits all humankind.

The future of the human race is dependent on the diverse nature of the ecosystem. Without it we would not survive.



A reliance on a limited number of species would lead directly to catastrophic results.

At its very best a reflective and equitable society includes people of all ethnicities, genders, faiths, and beliefs at all levels of its structure. |AR

Planting Good Seed!



Mrs. Dolores Huerta

The nearly two million people who work on American farms during the course of each year owe a tremendous debt of gratitude to a 95-year-old woman who many of them have never heard of, or met.

Dolores Huerta, born into poverty, in Dawson, New Mexico, was one of the principal founders of the United Farm Workers, an organization that demanded livable wages and decent working conditions for farm workers who planted and harvested fruits and vegetables in the United States.



Ms. Huerta helped to organize the Delano Grape Boycott in 1965, asking American consumers to cease purchasing grapes until the owners of farms treated those who worked in their fields humanely.

In California, where she resides, the 10th of April is recognized by the state as a day of giving and service. That day is Ms. Huerta's birthday.

In 2012, Ms. Huerta received the Presidential Medal of Freedom from President Barack Obama. The medal is the country's highest award for civilians. |AR

In service of Humanity

Dallas City Council-members Lorie Blair and Bill Roth were recently presented with the “Ken Glaser BLEWS Humanitarian Award” named after the late Ken Glaser, a legendary North Texas lawyer and philanthropist.

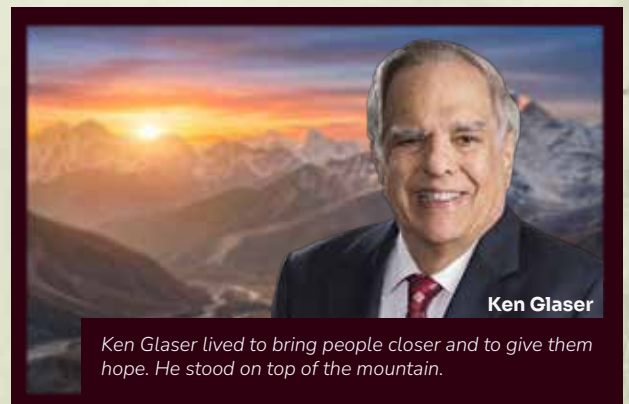


Councilman Bill Roth, right, said that he was highly honored to receive the award. Councilwoman Lorie Blair's assistant, Kimberly Richards, left, said that the councilwoman was highly appreciative to be honored.

The presentation took place at a luncheon in downtown Dallas sponsored by BLEWS, a humanitarian organization that Mr. Glaser, a leading member of Temple Shalom in North Dallas, co-founded.

The award is given annually to North Texas residents whose efforts include establishing relationships between different groups of people.

Mr. Glaser was presented with the award posthumously in 2024. Dallas business owner, Ms. Yolanda Frazier-Gills, also received the award when Mr. Glaser was honored.



Ken Glaser lived to bring people closer and to give them hope. He stood on top of the mountain.



BLEWS is designed to create personal and professional bonds between African Americans and Jewish Americans,” said Mike Williams, a founding member of the organization at the event. IAR



LOVING AND CARING FOR OTHERS

Great writing requires immeasurable talent. And caring deeply for others demands a heart filled with love.

Mitch Albom, whose numerous literary works include “Tuesdays with Morrie” and “Finding Chika,” has both the talent and the heart.

So much so that Mr. Albom, and his wife, Janine, operate an orphanage in Haiti for approximately fifty-five children whose parents cannot afford to care for them.

The Alboms pour much of their financial resources into the orphanage. The additional funding comes from donors to their nonprofit.

Known as “Have Faith Haiti”, it counts among its former students a number of college students in the U.S. who were raised and educated in the institution.

Many of them return to Haiti after graduation to teach at “Have Faith in Haiti.” |AR



Chika, now with the Angels

CHIKA, CENTER, WAS FIVE-YEARS-OLD WHEN SHE ARRIVED AT THE ORPHANAGE. WHEN SHE WAS DIAGNOSED WITH A BRAIN TUMOR THE ALBOMS TOOK HER TO THEIR HOME IN MICHIGAN AND PROVIDED THE BEST MEDICAL CARE POSSIBLE FOR HER. SADLY, CHIKA DIED FROM HER DISEASE WHEN SHE WAS SEVEN.



USA, USA, USA

WE are a people of principle and honor.

WE honor our commitments and stand by our allies.

WE defend against aggression by dictators.

WE uphold and defend the Constitution.

WE care for veterans and children.

WE respect our neighbors and trading partners.

WE support a healthy national and international economy, community, and environment.

WE are the world leader trusted to uphold the stability of rule of law.

“We are the people of the United States of America.

The honor, dignity, and integrity of our country is not for sale.

Show up, attend your town halls, be civil!”



Christy Walton

A SEEKER OF JUSTICE AND PEACE



AMBASSADOR NICHOLAS HAYSOM

**HE HELPED PRESIDENT MANDELA ESTABLISH
DEMOCRACY IN SOUTH AFRICA!**

His Beginning:

April 21st 1952

His Leaving:

March 17th 2026

Blessed Are The Peacemakers!

They Walked For Peace



Bhikkhu Pannakara

Inspirational Monks from Texas captured the hearts of people on their journey.

Through the dread of harsh rains, and blinding snow two dozen Buddhist Monks walked 2300 miles from Fort Worth, Texas to Washington, D.C. last winter spreading messages of peace, reflection and forgiveness.

Dressed in little more than their clerical robes they offered their humbleness and their sense of forgiveness to the tens of thousands who lined their route, and to the millions that followed them on social media.

“PEACE DOES NOT COME FROM TRYING TO CONTROL THE WORLD,” SAID THEIR LEADER, BHIKKHU PANNAKARA.

“IF WE FINISH THE STORMS THAT ARE WITHIN US, PEACE WILL FLOW NATURALLY,” HE ADDED. |AR



Arise & Rejoice Media inc.

Advisory Board Members Comptroller

Mary Mayhan

Yolanda Frazier-Gills

James Swartz

Advertising Director

Sam Caster

Christy Aden

Elizabeth Sobanjo

Graphic design

Ken Parker

Sk Mahmudul Hasan

Sheeza Mohsin

Nafisa Ibrahim

Aaron Palmer

Sanjida Sarmin

Cynthia Sosa

Special Projects Director

Basheer Ahmed

Rakibul Islam

Brain Marshall

Director of Videography

Senior Director

Maxwell Prempeh

Joseph Green-Bishop

June/ July 2026

Volume 4, Number 25

Contact by telephone: 214 886 3716
Visit us online: www.ariserejoicemedia.com
On Facebook: arise & rejoice media
Instagram: ariserejoicemagazine
YouTube: @RTNTV

Arise & Rejoice is a publication that reflects the goodness and grace that abounds within all people. It seeks to bring all of us closer together, promoting understanding and reconciliation.

Arise & Rejoice believes in the development of a community of "we" where no one is seen as the other and where all people are acknowledged and respected!

YELLOW PEOPLE!
RED PEOPLE!
BLACK PEOPLE!
WHITE PEOPLE!
BROWN PEOPLE!
BLUE PEOPLE!
GAY PEOPLE!
STRAIGHT PEOPLE!
REPUBLICAN PEOPLE!
DEMOCRAT PEOPLE!
OLD PEOPLE!
YOUNG PEOPLE!

Need Each Other! ©



MORE THAN A SPORTS HERO

MONICA PAUL, THE PRESIDENT OF THE NORTH TEXAS FWC ORGANIZING COMMITTEE, HEADS THE LIST OF THOSE WHOSE WORK HAS LED TO THE PROJECTED TWO BILLION DOLLARS THAT WORLD CUP VISITORS WILL SPEND IN NORTH TEXAS DURING THE INTERNATIONAL EVENT IN JUNE AND JULY.



Monica Paul, the executive director of the Dallas Sports Commission, is legendary for her work.

More than a decade ago, Ms. Paul, a graduate of the University of Texas at Austin and Northern Colorado University, began planning with local business and government leaders an effort that led to North Texas being selected as a World Cup site.

Since North Texas was named as a World Cup site, Ms. Paul has spent nearly every waking hour focusing on the event and the needs of the millions of visitors who will be in attendance.



Ms. Paul, left, has worked closely with North Texas leaders such as Dallas Mayor Eric Johnson, right front.

SHE AND HER TEAM HAVE ALSO DEVELOPED A MAJOR COMMITMENT TO RESIDENTS, LOCAL GOVERNMENTS AND INSTITUTIONS IN THE NORTH TEXAS REGION.

We have established programs and policies designed to enrich the quality of life experienced by people and institutions in North Texas, Ms. Paul said.

We want to assist the community and see it prosper way beyond the time that the World Cup is here, she added. | AR

Promises To Keep®

An Immigrant's Story

MEET DR. ALEXIS EBERENDU

A Wizard of Plants!

The nutritional supplement industry has more than \$70 billion in revenue annually in the United States.

His father and his grandfather were prominent herbalists in Nigeria where Dr. Eberendu was born.

One of the pioneers in the development of nutritional science and sound industry practices is Dr. Alexis Eberendu who came to the United States in the 1980s to study biology.

His pioneering work has led to patents and to hundreds of thousands of people earning extra income as salespersons for wellness products.



After graduating from university he went to work for supplement companies inventing and designing products that have revolutionized the wellness industry.

Health supplements are essential for people who pursue a high quality of health, Dr. Eberendu said! IAR

A Deep Belief in Assisting Others!!



Two of the country's leading retired medical professionals have committed themselves and their financial resources to guaranteeing the future of higher education in Texas.



Drs. Shakila and Basheer Ahmed were applauded by UTD President, Dr. Prabhas V. Moghe, center, as major supporters of higher education.



Nearly three hundred members of the North Texas community including health professionals, faith leaders, academics, and lawyers attended the UTD program acknowledging the contributions by Drs. Ahmed.

Dr. Shakila Ahmed and her husband, Dr. Basheer Ahmed, recently had an auditorium named after them at the University of Texas In Dallas.

The Ahmeds, born in India, have long been engaged in social, health and educational programs designed to improve the lives of others.

"We are extremely grateful for the ability to share our resources with others," the Ahmeds said at a recent academic ceremony held at UTD.

We see our gifts as an investment in the improvement of humanity, the Ahmeds added. |AR

He Shaped The Supplement Industry

With Science... With Integrity... With Love



Dr. John Rollins

An Eminent Scientist • A Perfect Friend!

April 12th 1943

When He Blessed Our World

January 25th 2026

When He Blessed Heaven

Stylist to the Stars!



Mr. Alemi, right, with 'Good Morning America' host Michael Strahan. They worked together for more than a decade.

In the thirty-five years that Patrick Alemi has been a hairstylist and makeup artist on Broadway and in Hollywood he has achieved excellence in his craft.

His clients have included some of the country's leading celebrities and public figures in New York, Los Angeles, Dallas and a multitude of places in between.

"I have been fortunate to meet some great people during my career," said Mr. Alemi, who spent four years in the United States Army before turning his focus and energy to the beauty industry.

When he is not working on either of the nation's coasts, Mr. Alemi resides in North Texas, having moved his family to the Lone Star state in 2014.



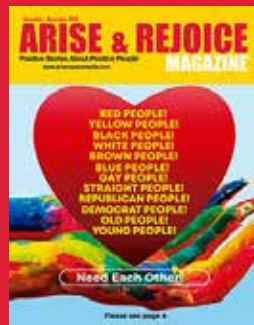
Former U.S. Secretary of State Hillary Clinton, sitting, turned to Mr. Alemi for the perfect coiffure before going on camera.

God has been kind to me," said Mr. Alemi who headed the hairstyling and makeup division at "Good Morning America" in New York for more than a decade.

"I learned my craft by watching other artists and learning as much as I could from them," he said.

"I urge people who are new to the industry to get as much experiences as possible and study the craft and discipline of accomplished artists," Mr. Alemi added. |AR

IMPROVE YOUR HEALTH! while SUPPORTING ARISE & REJOICE MAGAZINE!



•• Contains vitamins and minerals that will provide you with the nutrients that your body needs!



•• Supports the heart, the brain and provides energy to your cells!



•• Helps with sleep, increases libido, eliminates mood swings and food cravings!

Each time that you make a purchase of one of these three products Arise & Rejoice Magazine receives **TWENTY PERCENT** of your purchase price.

Help Us and Help Yourself!
TO ORDER GO TO: RTN.MYALOVEA.COM
For additional information call:
214- 886-3716

