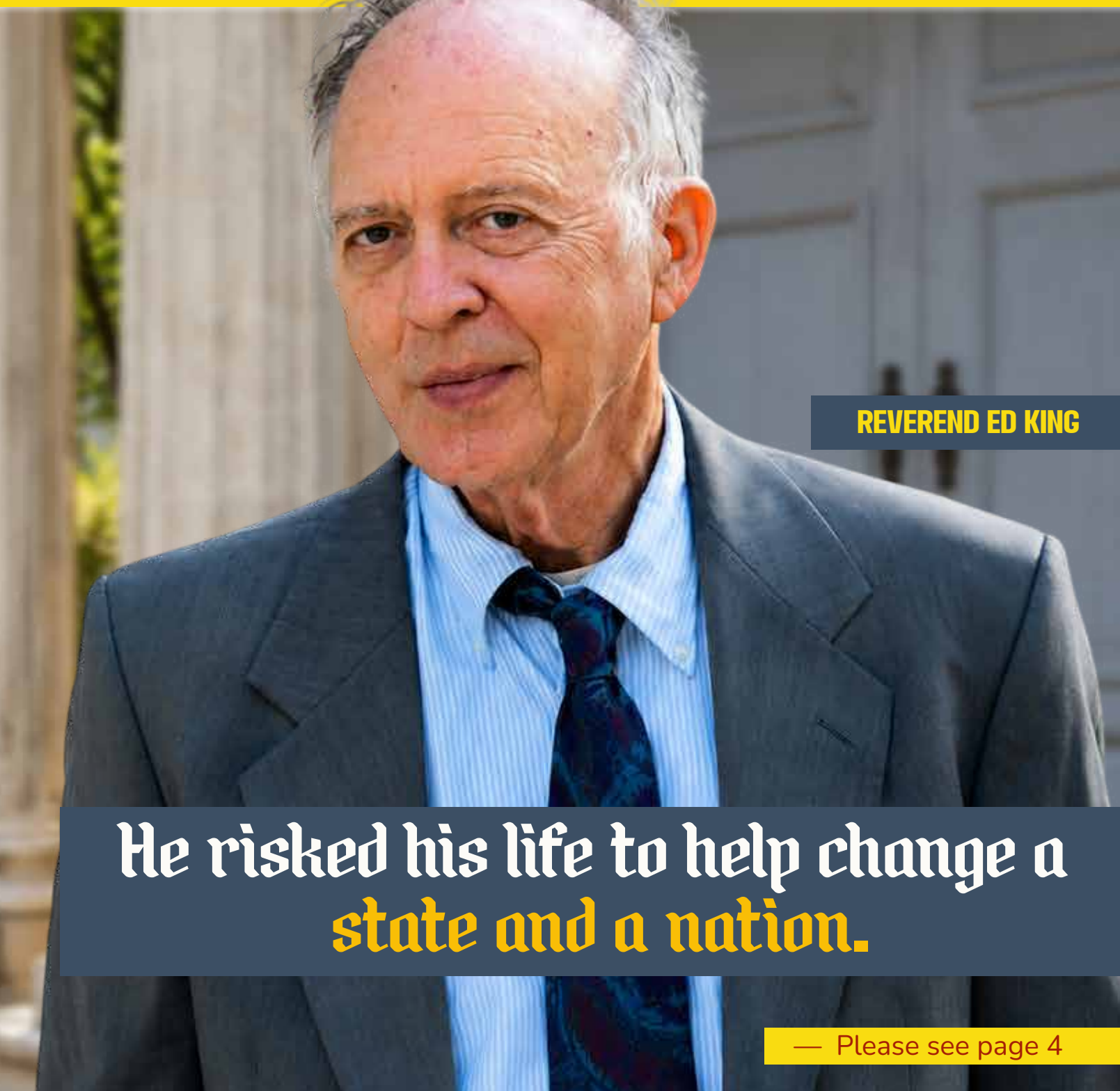


SEPTEMBER/ OCTOBER 2026

ARISE & REJOICE

Positive Stories About Positive People®

MAGAZINE®

A portrait of Reverend Ed King, an older man with thinning grey hair, wearing a dark suit, a light blue striped shirt, and a dark patterned tie. He is looking slightly to the left of the camera with a gentle expression. The background is a blurred outdoor setting with a light-colored wall and some greenery.

REVEREND ED KING

He risked his life to help change a
state and a nation.

— Please see page 4

3i

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Since the formation of the company in 2006, 3i has worked to exceed client expectations and transform vision into award-winning projects. 3i offers the broad expertise and financial stability of a mid-size General Contractor and Construction Manager while combining the personalized service and attention of a smaller firm.

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We have clients in many industries. Some select examples include DART; Parkland Hospital & Health Systems; John Peter Smith Hospital; Dallas ISD; Houston ISD; Garland ISD; Fort Worth ISD; DCCCD; TCCCD; UTD; DFW international Airport and many more. Through the organization formed by the owner of 3i, the 3i Team is committed to serving communities throughout the State of Texas... Mike Williams Assist 4 Life Foundation, because a lost kid is a lost opportunity for greatness.

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of Leaders

The mission of our Foundation is to
“TIP Opportunity-Gap Scales”
by assisting and supporting
students in Southern
Sector of Dallas

P
PROVIDING
Options and Opportunities



John and Maria Hamidi

Please Enjoy Our Featured Stories!



Creating an equitable world was his passion

Please see page 4



He encouraged thousands of college students to study mathematics

Please see page 6



Assisting Dallas residents and small business owners is her mission

Please see page 8



She will show you cultures throughout the world

Please see page 12



Seniors should be cautious when gambling

Please see page 14

The importance of a joyful life!



The pursuit of joy is crucial to having a meaningful life! The presence of joy in one's life influences mental health, personal relationships and personal wellness.

Joyful people tend to live longer and they have a positive impact on the lives of their family members and their friends.

Occasions such as family reunions, weddings and birthday parties are times when most people experience great times of joy.

Joy helps to minimize stress in our lives and provides light in a world that sometimes appears diminished. |AR

An Equal Rights Warrior!



Reverend King was a Civil Rights pioneer

In the early 1960s Reverend Ed King risked his life to help racial minorities in Mississippi, and in other parts of the south, to win equal rights.

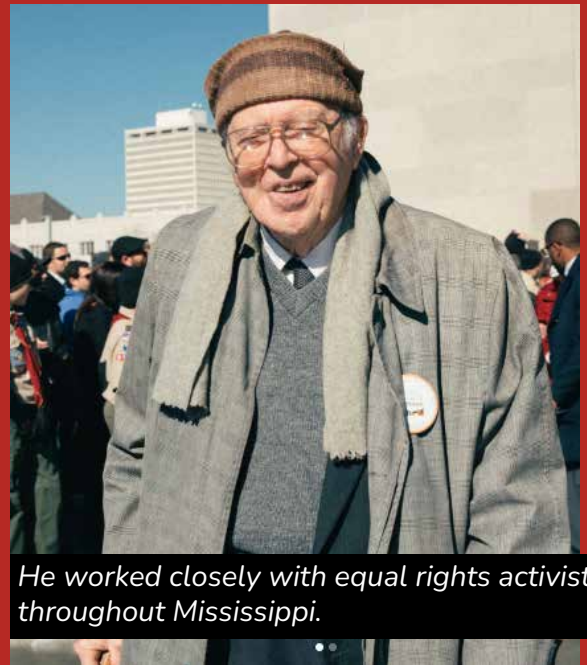
His protest activities nearly cost him his life, and he was prevented by the United Methodist Church from serving in any of the churches in Mississippi that the denomination controlled.

Born in Vicksburg, Mississippi in 1936, Reverend King was raised by parents who taught him that all people were “deserving of respect” from their fellow human beings.

After earning his undergraduate degree in Mississippi, he earned a Masters Degree in sacred theology from Boston University.

Not long after graduation from Boston University, Reverend King joined students protesters who insisted that public restaurants should serve all people.

Even though he was hidden and shunned by some members of his family and the larger community, Reverend King refused to cease his pursuit of equal rights.



He worked closely with equal rights activists throughout Mississippi.

In 1964, Reverend King joined educators from the North to establish “Freedom Schools” in Mississippi to educate Black children whose schools were not being fully-funded.

He later served as chaplain and dean of students at Taugaloo College, a historically Black University in Mississippi, and was president of the state’s American civil Liberties Union.

Rev King died on July 4th in Mississippi. He was 89-years-old.IAR

HE CREATED A GENERATION OF *Mathematicians*



DR. RICHARD A. TAPIA

The Sunrising
March 25th 1938

The Sunsetting
May 22nd 2026

A persistent advocate for inclusion, Dr. Tapia was awarded the National Medal of Science, the nation's highest honor for engineers and scientists. His pioneering work as a professor inspired thousands of minority college and university students to pursue degrees in mathematics.

*A*n academic program and center at Rice University in Houston is named after him because of his contributions to higher education in Texas and throughout the country. |AR

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Resist the urge to gamble!!



Large numbers of Americans are losing their hard-won money to gambling in casinos and to online betting, according to those who study the industry.

Those harmed range from college students to senior citizens who are particularly vulnerable to casino and online gambling.



Marketing managers at casinos target senior citizens, offering them free transportation from their homes and free hotel accommodations.

Some casino managers send holiday and birthday cards to seniors in an effort to win their affinity. Free trips to casinos are usually scheduled on the days that seniors receive their social security benefits.

Seniors are specifically targeted by casinos in an effort to win their trust, said Brian Pempus, the founder of gamblingharm.org.

Large numbers of Americans, including seniors and young people, are being negatively impacted by gambling, Mr. Pempus states on his organization's website.IAR

Finding Purpose Through Adversity

The life Kimberly Richards leads is marked by service to others, integrity, and abundant grace.

Ms. Richards spends the vast majority of her time assisting Dallas residents in her role as the senior advisor to Dallas City Councilwoman Lorie Blair who represents District 8.

“I am able to address issues that impact city residents such as public safety, infrastructure, economic development and quality of life,” said Ms. Richards who was born in Louisiana.

When she is not working to improve the lives of city residents she is busy running a Forney, Texas-based communications company that she founded.



Ms. Opal Lee, right, is one of the individuals whose work has inspired Ms. Richards.

“We help nonprofits, individual business owners, ministries and civic leaders with branding and marketing,” she said.

“Everything that I do is guided by my faith,” said Ms. Richards, who grew up in a strong faith-based family.

“In my own life I have found that purpose is frequently sharpened by overcoming adversity,” she added. |AR



Quality service to others is the basis of Ms. Richard's life.



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Arise & Rejoice is a publication that reflects the goodness and grace that abounds within all people. It seeks to bring all of us closer together, promoting understanding and reconciliation.

Arise & Rejoice believes in the development of a community of "we" where no one is seen as the other and where all people are acknowledged and respected!

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YOUNG PEOPLE!

Need Each Other! ©



**MORE THAN A
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She scores and glows!

Dallas wings basketball star Azzi Fudd is a pleasant sensation on and off of the basketball court.

Those who know Ms. Fudd say that her “championship” character is inspirational and engrossing. She is known as “The People’s Princess.”

After winning two national championships at the University of Connecticut, Ms. Fudd was drafted as the number one pick by the Dallas Wings in the 2026 WNBA Draft.



Ms. Azzi Fudd

Azzi’s parents are her biggest supporters.

Born in Virginia, Ms. Fudd received her first college basketball scholarship offer when she was in elementary school. Dozens of colleges recruited her when she was in high school.

Ms. fudd has excelled as a player for the Wings. She has set rookie scoring records while earning the respect of her teammates and fans of the team. |AR

Promises To Keep

An Immigrant's Story®

Creating Golden Memories

Maria Hamidi wants people to have “memorable experiences” when they travel with the agency that she operates with her husband, John.

“Our mission at Aurelia Travelers is to create unforgettable journeys that combine culture, history, traditions and unique experiences,” said Ms. Hamidi who was born in Germany and grew up in that country and in Italy.

Ms. Maria Hamidi

“While trips to Italy and Europe are a special focus of our company, we design trips all over the world. We make every effort to adapt each experience to the interests and budgets of our clients.”



Maria and John Hamidi created a global travel agency.

“Travel has the power to inspire, educate and create connections between people and cultures,” Ms. Hamidi said. “Our intention is to create memories that last people for a lifetime,” she added. |AR



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not for sale.

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Christy Walton

Shared American Experience ©



Caring for the elderly

As people live longer there is a greater need to ensure that their senior years are spent in comfort, and that their basic needs are met.

Experts on aging say that caring for the elderly requires an early assessment of their physical and cognitive needs, coordinating their medical care, thoughtful planning and balancing their well-being and that of your own.

It is suggested that discussions about senior care take place long before such care is needed. Among the Items discussed should be finances, medical wishes and living arrangements.



Medical professionals say that approximately seventy percent of all Americans beyond the age of sixty-five will require some elder-care during their lifetimes. |AR

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July 15th 1949
His Beginning

March 17th 2026
His Departure

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